



CU Special Recreation

Providing Quality Programs for Individuals with Special Needs



2026 Fall Guide



CHAMPAIGN
PARK DISTRICT



URBANA
PARK DISTRICT

CU SPECIAL RECREATION IS A JOINT PROGRAM
BETWEEN CHAMPAIGN & URBANA PARK DISTRICTS

CU SPECIAL RECREATION

OUR MISSION

To provide quality recreational programs and services for Champaign-Urbana residents with disabilities.

OUR VISION

To create a diverse, dynamic, and inclusive community that provides opportunities for people of all abilities.

INVITE US TO SPEAK

CU Special Recreation staff are knowledgeable in many disability-related issues and topics. Let us talk to your group about the Americans with Disabilities Act, integration, and the future of special recreation. An overview of CUSR's mission, trends in recreation, and many other topics are available to you with a simple phone call. Call the CUSR office at 217-819-3980 to schedule.

OFFICE

CUSR Center
2212 Sangamon Dr.
Champaign, IL 61821

Office Hours:

Mon-Fri, 8am-5pm

Office Closed:

Sept 7, Nov 11, 26, 27, Dec 24, 25

Phone: 217-819-3980

Relay: 711

E-Mail: cusr@champaignparks.org

Website: cuspecialrecreation.org

Inclusive Programs through CU Special Recreation

CUSR and its member park districts believe that all individuals should be provided with leisure opportunities that allow for performance at their highest level of ability. We understand that not every person who has a special need desires CUSR programming. In cooperation with the Champaign Park District and the Urbana Park District, CUSR staff will be happy to assist and advise any resident who is interested in participating in local park district programs. CUSR will provide the type of support deemed necessary for successful participation. Support may include training with the park district staff members, consultation with the individual and the individual's family members, and the assistance of a support staff member. CUSR provides all inclusion services at no cost to the individual. For more information, please contact CUSR.

Program History

CU Special Recreation is an intergovernmental cooperative made up of the Champaign and Urbana Park Districts, founded in 1985. We provide year-round leisure and recreation opportunities for children and adults with disabilities. Our mission is to enhance participants' abilities in enjoyable recreational, leisure, and social settings. CUSR participants explore new areas of interest, make new acquaintances, and learn lifetime leisure skills. Our services include inclusive and cooperative programs, special events, after school programs, overnights, trips, Special Olympics, summer camps, and much more.

Americans with Disabilities Act (ADA)

CU Special Recreation complies with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of a disability. We will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements. The recreation programs offered by CU Special Recreation will be available in the most integrated setting appropriate for each individual. If you have any questions regarding the ADA, or believe you have been unfairly discriminated against by CU Special Recreation, please contact us at 217-819-3980.

CU SPECIAL RECREATION STAFF



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PROGRAM LOCATIONS

CHAMPAIGN

Champaign-Urbana
Special Recreation Center
2212 Sangamon Dr / 217-819-3980

SAVOY

Old Orchard Lanes & Links
901 N Dunlap Ave

URBANA

Urbana Health and Wellness Center
2002 E Washington St

Urbana Indoor Aquatic Center
102 E Michigan

Phillips Recreation Center
505 W Stoughton St





Registration

A CU Special Recreation registration form must be used. You may register for our programs at these locations:

CUSR Center

2212 Sangamon Dr, Champaign

Leonhard Recreation Center

2307 Sangamon Dr, Champaign

Martens Center

1515 N Market St, Champaign

Springer Cultural Center

301 N Randolph St, Champaign

Or register online at cuspacialrecreation.org or by mailing in a CUSR registration form.

Non-Resident Policy

To ensure more individuals have access to the CU Special Recreation programs of their choice, there is a policy for all those non-residents whom do not pay taxes into Champaign or Urbana Park District. Non-residents have the option to pay \$50 for a year's privilege to register at resident rates. This charge is yearly starting from the time initially paid. This fee does not include access to scholarships, which are reserved for tax-paying residents of the Champaign and Urbana Park Districts.

Medication

At times, participants may require assistance taking medication during programs. If the participant is unable to self-medicate or take the medication prior to or after the program, CU Special Recreation requires additional paperwork, and pre-packaged medication must be delivered to the program coordinator prior to the program.

All residents of Champaign-Urbana are important to us! If you are new to the area, Champaign-Urbana Special Recreation invites you to come discover the programs and events for you and your family. Throughout the year, we provide a large variety of educational, social, recreational, and sports activities for all ages and abilities. To learn more about what we have to offer, call 217-819-3980, and we will be happy to explain any program or service. As a potential program participant, we would like to meet with you and your family!

Payment

Full payment must be received upon registration unless specific arrangements have been made with the CU Special Recreation office. Registrations will not be processed if a fee balance remains from a previous season. Registrations are accepted in person at the locations listed to the left, through mail, and online. Coordinators and program leaders **MAY NOT** receive payment or registration forms at programs. CU Special Recreation does not prorate for late registration. Exceptions may be made for people who are new to the community.

CTRS-Certified Therapeutic Recreation Specialist

This certification demonstrates that each of these individuals, through education, experience, and passing a knowledge-based examination, has met the minimum requirements for practice in therapeutic recreation. The national exam for Therapeutic Recreation Specialists is based on knowledge from the National Job Analysis Study for Therapeutic Recreation which defines the important skills and knowledge necessary for minimum competency in the therapeutic recreation practice. CU Special Recreation employs experienced professionals who understand the level of skill, both physical and mental, needed to participate fully and safely in the programs they plan. Therefore, CU Special Recreation reserves the right to determine if a program is suitable for an individual. Staff may serve as a resource to suggest alternate programming.

Sharing IS Beautiful

Program Ideas

Looking to explore a new restaurant? Interested in catching a play or enjoying live music at a fresh venue? We're always eager to discover new ways to learn, grow, and have fun! If you have a new idea for a program let us know by calling 217-819-3980 or emailing cusr@champaignparks.org.

CU Special Recreation Picture Request

Do you have some great pictures of programs or events? Please email them to cusr@champaignparks.org or bring electronic files to CUSR Center.

Follow us on Facebook

To stay connected to all the happenings, find us on Facebook and see what's going on! [Facebook.com/CUSpecialRec](https://www.facebook.com/CUSpecialRec)

PROGRAM LEGEND

This Program Legend helps you understand the main goals and benefits of each CU Special Recreation program. Use it to see what each program focuses on. This makes it easier to find programs that best fit each participant's interests and personal goals.



SOCIAL SKILLS

Helps participants build meaningful relationships, lasting friendships, and confidence in social settings, through group activities, teamwork, and shared experiences.



LIFE SKILLS

Helps participants increase independence and develop skills that support daily life, like cooking and money handling.



FITNESS & WELLNESS

Encourages physical activity, healthy habits, and overall well-being.



CREATIVE EXPRESSION

Inspires imagination and self-expression through art, music, and performance.



COMMUNITY EXPLORATION

Provides opportunities to discover new places and experiences in the community.



TRANSPORTATION AVAILABLE

This symbol appears next to programs where transportation is available.



CUSR Cupcake 5K

All Ages

Join us for the 14th Annual CUSR Cupcake 5K! This is a timed, accessible race ending with a delicious cupcake. Funds raised will go into CUSR's Scholarship Fund, which supports individuals who need financial assistance to access CUSR programs and services. Runners, walkers, and registrants who use a wheelchair are welcome. All registrants must provide a valid email address in order to receive crucial pre-race information. Updated information will also be posted on the CUSR's Facebook page. Register early for this sweet race!

After the 5K at 10am, there will be a 100m Dash for kids ages 10 and under.

Category	Max	Fee
Runners	100	\$45
Walkers	100	\$45
Rollers	25	\$45
Kids 100m	15	\$20

Carle at the Fields

Sunday Nov 1 | Race Starts at 9am

Deadline: October 7 to receive a t-shirt.

On-Site Registration: 8-8:30 (no shirt) **Fee:** \$40

A
Fundraiser
for the CUSR
Scholarship
Fund



DSO 50th Annual Holiday Party & Open House

Ages 18 & Under

Santa is coming to town! This party is hosted by Delta Sigma Omicron for children with a disability and their families. Enjoy activities, games, crafts, and a visit from Santa. Children must be registered in order to receive a gift from Santa. CUSR is proud to be a sponsor of this event! Register online at disability.illinois.edu/holidayparty-registration, or by phone with the form from the website at 217-333-4607, or email mlgilbrt@illinois.edu.

Leonhard Recreation Center

Saturday Dec 12 | 1-3:30pm

Deadline: Dec 5

Free

AFTER SCHOOL

After School Program

Ages 5-22



Fill your afternoons with games, sports, arts and crafts, cooking, and hanging out with friends! We offer an engaging and safe atmosphere where participants will laugh, play, grow, and learn new skills.

To reserve your spot, you must pay a \$10 non-refundable deposit per child, per month. The remaining balance will be set up in an installment that processes on the 23rd of the month prior. If the full payment is not paid on time, the participant will be dropped and the space will be offered to wait-list participants.

IMPORTANT NOTICE: CU Special Recreation's After School Program starts at 2:30pm (Champaign) or 3pm (Urbana). It is the parent or guardian's responsibility to coordinate a drop-off time with the bus responsible for transporting their child to ensure an appropriate drop-off time. Early drop-offs may not be able to be accommodated.

CU Special Recreation follows the Champaign Schools Unit 4 calendar for both Champaign and Urbana After School locations.

Champaign Min/Max: 6/20

Urbana Min/Max: 6/12

Deadline: 1 week prior to program

No Door-to-Door Transportation



**NUT
FREE**

**CUSRIS
NUT FREE**

CUSR Center • 2:30 - 5:30pm

Date (M-F)	Monthly Fee (R/NR)	Out Days
Aug 13-31	\$182/273	—
Sept 1-30	\$280/420	Sept 7, 21
Oct 1-30	\$210/315	Oct 8, 9, 12-16
Nov 2-30	\$252/378	Nov 11, 25-27
Dec 1-18	\$196/294	Dec 21-24, 28-31
Jan 5-29	\$252/ 378	Jan 1, 14, 18
Feb 1-26	\$266/399	Feb 15
Mar 1-31	\$196/294	March 10, 11, 12, 15-19, 26
Apr 1-30	\$294/441	April 12
May 3-24	\$224/336	—

Phillips Recreation Center • 3 - 6pm

Date (M-F)	Monthly Fee (R/NR)	Out Days
Aug 24- 31	\$ 84/126	—
Sept 1-30	\$294/441	Sept 7
Oct 1-29	\$210/315	Oct 8, 12-16
Nov 2-30	\$196/294	Nov 3, 11, 25-27
Dec 1-18	\$196/294	Dec 21-31
Jan 4-29	\$266/399	Jan 1, 18
Feb 1-26	\$266/399	Feb 15
Mar 1-31	\$210/315	March 10, 11, 15-19, 26
Apr 1-30	\$308/462	—
May 3-24	\$224/336	—



SCHOOL'S OUT DAYS

CU Special Recreation School's Out Days

Ages 5-22



School's Out but the fun is in! Join us for these one-time day programs where participants will spend time with peers doing fun activities! Please pack your child a lunch and snacks. All CUSR programs are NUT FREE.

CUSR Center

Dates - Fee(R/NR)

Sept 21 - \$50/\$75 per day

Oct 8 - \$50/\$75 per day

Jan 4 - \$50/\$75 per day

Feb 15 - \$50/\$75 per day

April 12 - \$50/\$75 per day

8am-5pm

Deadline: 1 week prior to program

CUSR Fall Break Camp

Ages 5-22



Join us for a fun-filled break! Activities include arts and crafts, outdoor sports and games, nature exploration, and more! Please pack your child a nut-free sack lunch.

CUSR Center

Weekdays Oct 12-16 | 8-5pm

Fee (R/NR): \$295/\$442.50

Min/Max: 6/12

Deadline: 1 week prior to program

SCHOLARSHIPS AVAILABLE FOR IN-DISTRICT RESIDENTS

CU Special Recreation provides a

scholarship program to reduce certain fees and charges.

Scholarship applications are not guaranteed and are based on available funds, program registration, or

choice of program location. Need is the

primary criteria upon

which scholarship applicants are considered. Early applications

are given priority. Please apply 3-4 weeks before the program start date. Applications are available online at <https://bit.ly/CUSRScholarships>.



CUSR Winter Break Camp

Ages 5-22



Join us for a fun-filled break! Activities include arts and crafts, outdoor sports and games, nature exploration, and more! Please pack your child a nut-free sack lunch.

CUSR Center

Weekdays Dec 21-23 & Dec 28-31 | 8-5pm

Fee (R/NR): \$354/\$531

Min/Max: 6/12

Deadline: 1 week prior to program

YOUTH SPECIAL EVENT

Spook-tivity Spectacular

Ages 5-12



Join us for Halloween games, activities, and treats. Kids can wear costumes, decorate pumpkins, and enjoy crafts. There will also be storytelling, a haunted maze, and a costume contest.

CUSR Center

Oct 17 | 6-7pm

Fee: \$10-\$15

Min/Max: 5/10

Deadline: 1 week prior to program

No Door-to-Door Transportation

Santa's Workshop

Ages 5-12



Step into Santa's Workshop! Experience the magic of the North Pole at this enchanting event. Activities include toy-making, decorating cookies, letter writing to Santa, and singalong sessions. Participants will create cherished memories that last a lifetime.

CUSR Center

Dec 18 | 6-7pm

Fee: \$10/\$15

Min/Max: 5/10

Deadline: 1 week prior to program

No Door-to-Door Transportation



Stay connected with CUSR online:
Facebook.com/CUSpecialRec



ONGOING ADULT ACTIVITIES

Adults Day-In

Ages 19+



Let us fill your week with fun crafts, games, and activities, while also hanging out with friends and experiencing new things within our community. Why stay at home when you can be in a fun zone? Please pack lunch and snacks for the program.

Meet at The CUSR Center

M-F - Fee(R/NR)

Sep 1-30 - \$627/\$940.5

Oct 1-30 - \$660/\$990

Nov 2-30 - \$561/\$841.5

Dec 1-18 - \$363/\$544.5

8:30am-2pm

Min/Max: 6/12

NO Program Sept 7, Nov 11, Nov 25-27
Transport included in the fee. Drop off only.

MWF - Fee(R/NR)

Sep 1-30 - \$363/\$544.5

Oct 1-30 - \$396/\$594

Nov 2-30 - \$330/\$495

Dec 1-18 - \$264/\$396

8:30am-2pm

Min/Max: 3/6

NO Program Sept 7, Nov 11, Nov 25-27
Drop Off Only Transportation: \$40

Deadline: 1 week before

Theatre Class

Ages 18+



Whether you're a seasoned veteran on stage or just starting out, this course is perfect for you! Actors will meet twice a week to learn the basics, rehearse their roles, and much more! At the end of this 8-week course, all actors will perform in Stitches.

On her first day, Zelda's simple mistake earns the entire crew unfair treatments from their ruthless boss, Mendy. As she struggles to fit in, Zelda discovers that beneath the endless sewing and strict rules lies a workplace filled with fear, secrets, and unanswered questions. Determined to make things right, she may uncover truths that were never meant to be stitched together. How will Zelda make it through her Fashion Internship!

Meet at The CUSR Center

Tu/Thu - Fee(R/NR)

Sep 1 - Oct 24 - \$108/\$162

6-7:30pm

Performances

Friday, Oct 23

Doors open at 5:30pm, show starts at 6pm.
Call time is 4:30pm.

Sunday, Oct 25

Doors open at 1pm, show starts at 2:30pm. Call time is at 3pm.

Min/Max: 8/20

Deadline: 2 week prior to program

No Door-to-Door Transportation



Café and Connections

Ages 18+



Join us Saturday morning for cups of your favorite energizing beverages (coffee, tea, cider, cocoa, or smoothies) paired with delicious donuts! Spend time hanging out with friends and enjoying fun social games designed to help build new connections and strengthen friendships.

Meet at The CUSR Center

Saturdays - Fee(R/NR)

Nov 14 - Dec 12- \$50/\$75

10am-12pm

Min/Max: 6/12

NO Program Nov 28

Transport included in the fee. Drop off only.

Min/Max: 6/10

Podcasters Club

Ages 18+



Are you a seasoned veteran on stage or just have a lot to say? Do you think the world needs to hear it? Then this is the program for you! Work with CUSR staff to create a topic, write a podcast script, develop a podcast name, and make your podcast dreams come true. Participants will have 3 weeks to work on their scripts with staff support, followed by 2 weeks to record and produce their masterpiece to share with family and friends. Bring your creativity, your personality, and your idea. We can't wait to hear what you have to say!

Meet at The CUSR Center

Tuesdays - Fee(R/NR)

Dec 1 - Dec 29 - \$60/\$90

6pm-7:30pm

Min/Max: 4/10

Transportation: \$50



THE REC COLLECTION

Chef Club

Ages 18+



Want to learn how to cook or brush up on the cooking skills that you do have? This is the perfect program for you. This season we will focus on tummy-warming comfort meals. Put your aprons on and get your stomachs ready for some great food to cook and enjoy!

Meet at The Phillips Recreation Center

Sep 16 - Shepards Pie

Oct 14 - Pancakes and Egg Casserole

6-8pm

Fee: \$27/\$40.50

Min/Max: 6/10

Deadline: 1 week prior to program

No Door-to-Door Transportation

Karaoke & Dancing

Ages 18+



ATTENTION all singers and dancers. Show off your talent on the karaoke machine. Whether you choose today's hits or the classics, it's going to be a great time!

Meet at The CUSR Center

Sep 17, Oct 29, Nov 19, Dec 11 | 6-8pm

Fee: \$14/\$21

Min/Max: 4/12

Deadline: 1 week prior to program

No Door-to-Door Transportation

Shop Until You Drop

Ages 18+



Whether it's shopping for extra items to put in your closet, grocery shopping, or holiday shopping for someone special, hop on our CUSR bus and shop until you drop! Please bring money and a shopping list for items you plan to purchase.

Meet at CUSR Center

Nov 2 - Aldi (Groceries)

Dec 7 - Walmart (Gifts)

6-7:30pm

Fee: \$5/\$10

Min/Max: 4/10

Deadline: 1 week prior to program

Door-to-Door Transportation: \$10

Fancy Diners

Ages 18+



Get dressed up and step out in style! Join us for an elegant evening of dining at some of the best local restaurants. Enjoy fabulous food and even better company. The meal fee is included, so all you need to bring is your dazzling self and a smile. Don't miss out on this unforgettable night!

Meet at CUSR Center

Sept 21 - Jupiter's

Nov 9 - Beef 'O' Brady's

6-8pm

Fee: \$30/\$45

Min/Max: 4/12

Deadline: 1 week prior to program

No Door-to-Door Transportation

ADULT SPECIAL EVENTS

Halloween Party

Ages 18+



Welcome to Halloween town – it's party time! We will dance and have a costume contest, so wear your best costume! Treats will be provided.

Meet at The CUSR Center

Oct 31 | 6-8pm

Fee: \$30/\$45

Min/Max: 8/20

Deadline: 1 week prior to program

Door-to-Door Transportation: \$10

Winter Wonderland Ball

Ages 18+



We're walking in a Winter Wonderland... celebrate the holidays at our Winter Wonderland Ball. Dinner will be served, and the dance floor will be open.

Meet at The CUSR Center

Dec 20 | 6-8pm

Fee: \$50/\$75

Min/Max: 8/20

Deadline: 1 week prior to program

Door-to-Door Transportation: \$10

Friendsgiving

Ages 18+



Celebrate friendship and gratitude at our Friendsgiving event! Join us for a heartwarming evening filled with delicious food, fun activities, and great company. Crackel Barrel will be catering.

Meet at The CUSR Center

Nov 22 | 5-7pm

Fee: \$25/\$37.50

Min/Max: 6/15

Deadline: 1 week prior to program

Door-to-Door Transportation: \$10



ADULT TRIPS



One Trip Wonder

Day Trips - Ages 21+



Join us for exciting excursions as we hit the road to Orland Park and Naperville, for some unforgettable fun! We'll enjoy delicious meals together and explore. All admission and meal costs are fully covered, so just bring your sense of adventure and get ready to make lasting memories on these fun-filled road trips. Please bring extra money for souvenirs and snacks. Must be able to independently perform personal care needs!

Meet at The CUSR Center

Dave & Busters - Orland Park, IL
Sept 15 | 8am-5pm

Top Golf - Naperville, IL
Nov 10 | 8am-5pm

Fee: \$125/\$187.50

Min/Max: 6/8

Deadline: 2 weeks prior to program

Trip Note:

To ensure that participants can safely participate in and enjoy overnight and out of town experiences, participant information provided in the CU Special Recreation Annual Information Form will be reviewed by the CU Special Recreation Manager and Assistant Manager prior to approval for participation in trips. Restrictions may be implemented due to staffing restraints and planned activities.

Chicagoland (Schaumburg)

Overnight Trips - Ages 21+



It's time for our Fall Overnight Trip! Join us for a weekend full of fun and excitement as we explore all that Chicagoland has to offer, including visits to the Wondra, Andretti Indoor Karting & Games, Sonny Acres Farm, and much more!

All meals, admission fees, and lodging are included in the trip fee. A detailed itinerary, schedule, and location information will be sent out two weeks prior to the trip. Please note that alcohol and souvenirs are not included in the trip fee.

Get ready for an unforgettable adventure!

Meet at The CUSR Center

Oct 9 -11 | Depart 8am - Return 5pm

Fee: \$800

Min/Max: 6/8

Deadline: 1 month prior to program

Great Wolf Lodge



One-Night-Stay Trip - Ages 21+

Embark on a Fall getaway with CUSR and explore the wonders of the Great Wolf Lodge! We'll indulge in all the attractions the resort has to offer. On our journey back, we'll make a stop at the Shedd Aquarium.

Meet at The CUSR Center

Dec 3-4 | Depart 8am - Return 5pm

Fee: \$400/\$600

Min/Max: 4/6

Deadline: 1 month prior to program

ATHLETICS

Bocce

Ages 13+



Bocce is a sport that is similar to bowling, but is played in the grass. So, if you want the fun of bowling and the refreshing feeling of being outside, Bocce is your game!

CUSR Center

Thursdays - Fee(R/NR)

Sept 3 - Oct 29- \$45/\$67.50

5-6pm

Min/Max: 4/8

Deadline: 1 week prior to program

No Door-to-Door Transportation

Strikes and Spares

Ages 13+



Bring your friends to the bowling alley for some fun! Perfect your skills while socializing with your friends and meeting new ones. Participants will be assigned to lanes and bowl up to two games.

Old Orchard Lanes

Wednesdays - Fee(R/NR)

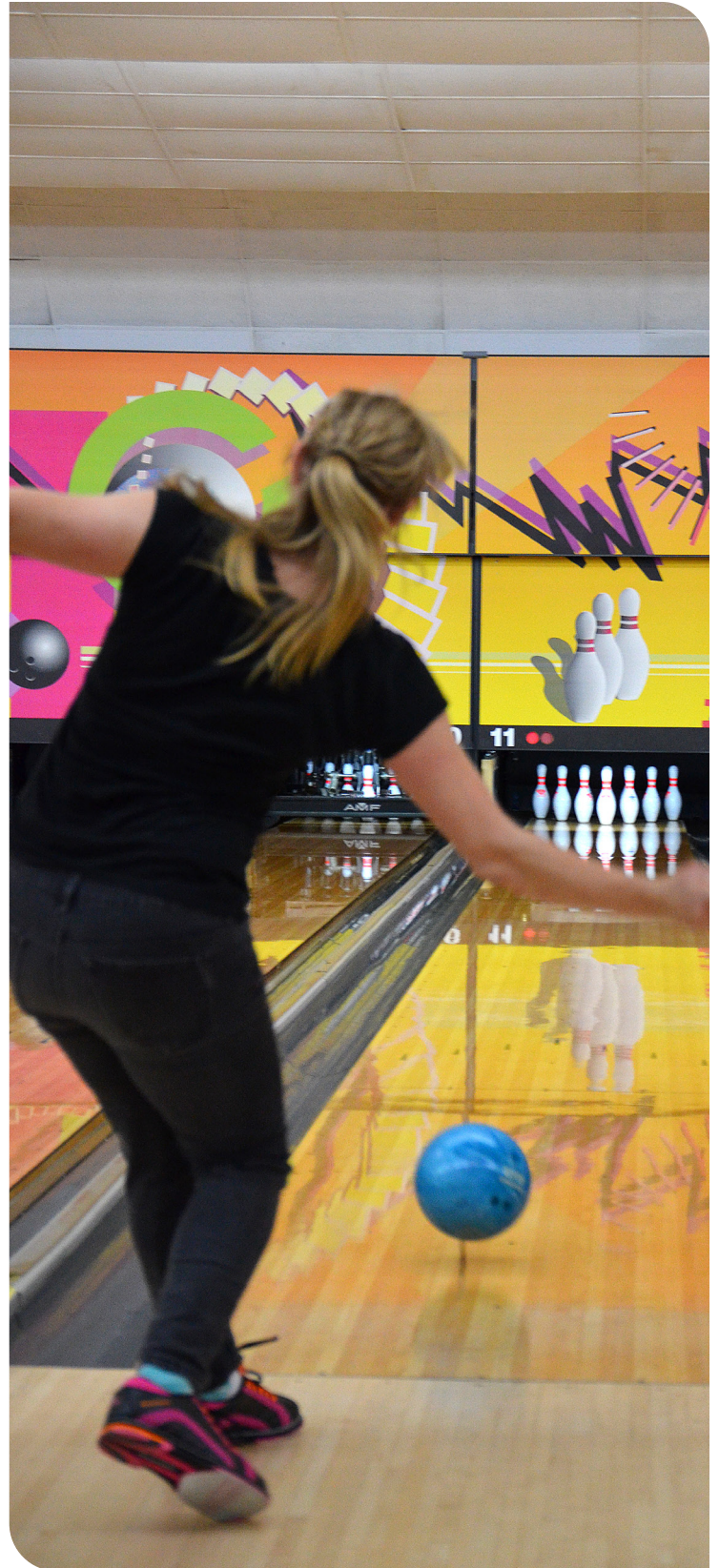
Nov 4 - Dec 2- \$45/\$67.50

4-5pm

Min/Max: 4/12

Deadline: 1 week prior to program

No Door-to-Door Transportation



SPECIAL OLYMPICS

Mustang Basketball

Ages 13+



The Mustangs are ready to hit the court and get back into action. We will work on the fundamentals, as well as work towards competitive team play. If enough female athletes register and prefer to focus on skills rather than competing on the co-ed team, we will work to make this an option. It is our intent to compete against other area teams.

CUSR Center

Monday - Fee(R/NR)

Oct 12 - Jan 4 - \$80/\$120

6-7:30pm

Min/Max: 6/15

Deadline: Oct 5

No Door-to-Door Transportation

Mustang Cheerleading

Ages 13+

GO! FIGHT! WIN! Help encourage our fellow Mustang athletes on our cheerleading squad. Over the course of this program we will learn basic choreography, plus several different cheers. Show your team spirit and join in on the fun! Uniform and pom-poms included in price.

CUSR Center

Wednesdays - Fee(R/NR)

Sept 30 - Dec 16- \$110/\$165

5:30-6:30pm

Min/Max: 6/12

Deadline: Sept 23

No Door-to-Door Transportation

Athletics Note:

All athletes must have a profile created and approved in the online Special Olympics COE portal in order to participate in competition.



REGISTRATION FORM

All information below must be completed for form to be processed.
Any form not completely filled out will be returned to participant.



MAIL CUSR Center, 2212 Sangamon Dr., Champaign, IL 61821 or **ONLINE** cusespecialrecreation.org
OFFICE Voice: 217-819-3980 • Relay: 711

Participant Name _____
Address _____
Phone (H) _____ Phone (W) _____
City _____ Zip _____
Birthdate _____ Age _____ Sex _____ Shirt Size _____
Email _____
Primary Disability _____

PROGRAM NAME	CODE	PICK UP POINT	TRANSPORT CODE	FEE
1.				
2.				
3.				
4.				
5.				

- Would you like to make a donation to the CUSR scholarship fund? ☐ \$5.00 ☐ \$10.00 ☐ Other _____
- Fee Waiver/Scholarship applied for? ☐ Yes (If yes, please attach) ☐ No
- CUSR may use pictures and videos taken at programs for publicity. Is this okay? ☐ Yes ☐ No

Parent/Guardian _____ Phone (H) _____ Phone (C) _____
Emergency Name _____ Phone (H) _____ Phone (C) _____
Doctor's Name _____ Phone _____
Preferred Hospital _____

List Medications: _____
List Allergies: _____
List Dietary Restrictions: _____
List Special Needs/Assistance Necessary: _____

Please check all that apply: WHEELCHAIR: ☐ manual ☐ electric
☐ NONVERBAL ☐ SIGN LANGUAGE ☐ CLOSE SUPERVISION

WAIVER. SEE BACK OF FORM FOR CREDIT CARD PAYMENT INFORMATION

Participant's name _____
Participant's signature* _____ Date* _____
(18+ Years or Parent/Guardian)

* Participation can be denied if the signature of adult participant or parent/guardian and date are not on this waiver. **Please call 217.819.3980, if you require special accommodations.**

Important Information

CU Special Recreation is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. CU Special Recreation continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the CU Special Recreation programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/ programs. You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, or recently suffered illness, injury, or impairment, to consult a physician before undertaking any physical activity.

Warning of Risk

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/ program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/ programs exist. In this regard, it must be recognized that it is impossible for CU Special Recreation to guarantee absolute safety.

Waiver and Release of all Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in CU Special Recreation programs/ activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with said programs/activities (including transportation services/vehicle operation, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these program/activities against CU Special Recreation and Champaign and Urbana Park Districts, including their respected officials, officers, employees, and volunteers (hereinafter collectively referred as "CUSR"). I do hereby fully release and forever discharge CUSR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities. I have read and understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.

Photographs

The CU Special Recreation/Park District occasionally takes photographs or video of participants for promoting/ advertising our programs, services, events, activities, and facilities in our brochures, website or agency social media, and other promotional avenues. By registering for, participating in or attending CU Special Recreation/Park District programs, events, or other activities, the participant (or parent/guardian of a minor participant) irrevocably agrees to the use and distribution by the CU Special Recreation/Park District of his or her image (or of his minor child/ward) in photographs, video recordings, and any other electronic reproductions of such programs, events and activities for any purpose without inspection or approval and without compensation, rights to royalties or any other consideration now and in the future.

PLEASE SEE FRONT FOR WAIVER.

The Waiver Must Be Signed Before Your Registration May Be Processed

Please make checks payable to CU Special Recreation. Complete below when using VISA/MasterCard

Account Number _____ Charge Amount _____

3-4 Digit CCID# (on back of card) _____ Expiration Date _____

Authorized Signature _____

CU Special Recreation Information

Program Cancellation Policy

All registration cancellations must be made at least one week prior to the start of the program in order to receive a full refund. For programs with cancellation dates listed, registration must be canceled no later than the specified date to receive a full refund. Any program cancellations after the one week deadline will receive NO refund. A \$5 service charge will be deducted from all refunds.

Inclement Weather Policy

If inclement weather occurs, CU Special Recreation may still decide to hold programs. If the weather turns dangerous, CU Special Recreation will call participants prior to the start of the program to cancel the program. If you are unsure whether a program will meet due to inclement weather, call CUSR. Missed programs due to weather may be made up the week after the end of the program season. Credit is given for additional cancellations.

Late Pick-Up Policy

In order to be fair to our participants and program leaders, CU Special Recreation has enacted a late pick-up policy. The first time a participant is not picked up within a 5- minute grace period, a written warning will be handed out. For each minute following the grace period, a fee of \$1 per minute will be charged to the parent or guardian. Registration for other programs will not be accepted until all outstanding late fees are paid. Thank you for helping us to respect others through punctual pick-ups.

Program Scholarships

Because some residents are unable to participate in recreation programs due to economic hardship, CU Special Recreation provides a scholarship policy to reduce certain

fees and charges. Scholarship applications are not guaranteed and are based on available funds, program registration, or choice of program location. Early applications are given priority. Please apply 3-4 weeks before the program start date. Applications are available at the CUSR center and can be mailed upon request. Need is the primary criteria upon which scholarship applicants are considered. Scholarships are not available for transportation and specifically identified programs. For more information, call 217-819-3980. Payment plans available to all. ALL monies owed must be paid prior to next season registration accepted.

Program Refunds

CU Special Recreation constantly strives to provide participants with high quality recreation programs, activities, and events. Patron Requested Cancellation: All cancellations requested by patrons are subject to a \$5.00 administrative fee. This fee will be deducted from any eligible refund issued due to participant cancellation and will be applied per participant, per occurrence, unless otherwise specified in the program description. Program deposits are considered nonrefundable. The Park District reserves the right to issue refunds, credits, or account adjustments in response to customer dissatisfaction or service-related concerns. Such determinations will be made at the discretion of authorized staff to support and maintain high standards of customer service. A refund will be granted if you were dissatisfied with the experience due to circumstances under CU Special Recreation's control. If you are not satisfied, we kindly ask you to give us your input or ideas for improvement. Requests for the above mentioned options

must be made before the midpoint of the program or within two weeks of a single meeting activity. A \$5 service charge will be deducted from all refunds. Dissatisfaction refunds do not apply to trips and special events with prepaid admission and tickets.

Extreme Temperature Policy

Hot temperatures (for outdoor programs) at program time: 100°F actual temperature; heat index of 110°F or more constitutes canceling program due to unsafe conditions.

Cold temperatures (for all programs) at program time: 20°F actual temperature; -30°F or below wind chill constitutes canceling program due to unsafe conditions.

Participant Expectations

1. Participants need to wear appropriate attire for program participation (i.e. for athletic/fitness programs comfortable clothing and tennis shoes must be worn). If you have questions about the type of attire participants should wear for a particular program, please contact our office.
2. Caregivers may be asked in advance to assist participants in reviewing program plans to assist participants in following expectations.

CU Special Recreation Information

Discipline

A caring, positive approach will be used regarding discipline. CU Special Recreation reserves the right to dismiss participants. Each situation will be evaluated on its own merit.

Behavior Code

CU Special Recreation promotes the concept of "Equal Fun For Everyone" and strives to accomplish this belief through our program goals. However, certain rules are necessary to ensure everyone's safety and enjoyment.

CU Special Recreation participants are expected to exhibit appropriate behavior at all times. The CU Special Recreation behavior code states that participants shall show respect to all participants and staff, refrain from using foul language, refrain from causing bodily harm, and show respect to equipment, supplies, and facilities. Additional policies may be developed for specific programs and camps.

Insurance

Individual accident liability insurance is not provided by CU Special Recreation.

Dishonored Checks

A \$25 service charge will be assessed on all checks returned by the bank for any reason.

Emergency Contacts

Emergency phone numbers may be used for reasons other than an actual emergency situation. If staff needs to communicate any unforeseen change(s) of plans, transportation schedule adjustments, etc., and neither parent/guardian can be reached, the emergency contact is our only source to call. Please help us reduce any anxiety created with these calls by letting your

designated "emergency contact" know that they may be called for other situations. Your assistance is appreciated.

Atlanto-Axial Subluxation

Individuals with Down Syndrome are at risk of having a condition known as Atlanto-Axial Subluxation. CU Special Recreation must have a doctor's written note on file stating a participant is free of the instability if he/she wishes to participate in programs that may cause undue stress upon the neck. Please take this into consideration when registering and inform staff if the condition is present.

Transportation

Policy/Safety Procedures

1. Transportation must be requested at least 48 hours prior to the program date. If transportation is requested with less than 48 hours from program date, there is no guarantee transportation will be available.
NO transportation request at the time of the program will be accepted.
2. A minimum of three participants must register for transportation in order for it to run.
3. Transportation is provided from YOUR home back to YOUR home. We will not pick up or drop off at any other sites.
4. CU Special Recreation staff will wait a maximum of 5 minutes past your pickup time due to a demanding van schedule. If you miss your pickup time, we will not return to pick you up. It is your responsibility to find transportation to the program if you miss your pickup time.
5. CU Special Recreation transports in-district participants only.
6. Transportation will only be provided for those who sign up

and pay for the service at the beginning of the program. We will not provide transportation for anyone mid-season that is not on the transportation roster at the beginning of the program.

7. Persons unable to be in a house alone should have someone meet the van at the designated time of return.
8. If needed, the CU Special Recreation driver will assist participants to and from their homes, but driveways and walkways must be clear of debris and obstacles.
9. All passengers must be sitting in seats or wheelchairs with belts securely fastened in the correct manner or the driver will not move the vehicle.
10. CU Special Recreation staff is responsible for determining whether or not a participant can be transported safely.
11. Persons riding in Amigo-type wheelchairs or strollers must transfer into a vehicle seat and use a seat belt.

CU Special Recreation reserves the right to refuse to transport individuals. These policies have been developed to ensure safety of everyone riding in CU Special Recreation vehicles.

ePACT

We are switching our printed AIF forms to a new system called ePACT. This is an online portal that will keep your participant's medical data secure and all in one place. We are committed to working with you throughout this change. If you have questions about ePACT or need assistance filling out the digital forms, we encourage you to visit us at CU Special Recreation Center on weekdays from 12-4pm or call us any time during business hours at 217-819-3980.

September 2026



SUN	MON	TUE	WED	THU	FRI	SAT
		1 CPD Afterschool UPD Afterschool Theatre Starts	2 CPD Afterschool UPD Afterschool	3 CPD Afterschool UPD Afterschool Bocce	4 CPD Afterschool UPD Afterschool	5
6	7	8 CPD Afterschool UPD Afterschool	9 CPD Afterschool UPD Afterschool	10 CPD Afterschool UPD Afterschool Bocce	11 CPD Afterschool UPD Afterschool	12
13	14 CPD Afterschool UPD Afterschool	15 CPD Afterschool UPD Afterschool One-Trip-Wonder	16 CPD Afterschool UPD Afterschool Chef's Club	17 CPD Afterschool UPD Afterschool Karaoke & Dancing	18 CPD Afterschool UPD Afterschool	19
20	21 UPD Afterschool School's Out Day Fancy Dinners	22 CPD Afterschool UPD Afterschool	23 CPD Afterschool UPD Afterschool	24 CPD Afterschool UPD Afterschool Bocce	25 CPD Afterschool UPD Afterschool	26
27	28 CPD Afterschool UPD Afterschool	29 CPD Afterschool UPD Afterschool	30 CPD Afterschool UPD Afterschool Cheerleading			
				217-819-3980 cusr@champaignparks.org	cusr@champaignparks.org	cuspecialrecreation.org

October 2026



SUN	MON	TUE	WED	THU	FRI	SAT
				1 CPD Afterschool UPD Afterschool	2 CPD Afterschool UPD Afterschool	3
4	5 CPD Afterschool UPD Afterschool	6 CPD Afterschool UPD Afterschool	7 CPD Afterschool UPD Afterschool	8 School's Out Days Bocce	9 UPD Afterschool Chicago Trip	10 Chicago Trip
11 Chicago Trip	12 Basketball	13	14 Cheerleading Chef's Club	15 Bocce	16	17 Spook-tivity
18	19 CPD Afterschool UPD Afterschool Basketball	20 CPD Afterschool UPD Afterschool	21 CPD Afterschool UPD Afterschool Cheerleading	22 CPD Afterschool UPD Afterschool Bocce	23 CPD Afterschool UPD Afterschool Theatre Performance	24
25	26 CPD Afterschool UPD Afterschool Basketball	27 CPD Afterschool UPD Afterschool	28 CPD Afterschool UPD Afterschool Cheerleading	29 CPD Afterschool UPD Afterschool Bocce	30 CPD Afterschool UPD Afterschool	31

November 2026



Special
Recreation

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 CPD Afterschool UPD Afterschool	3 CPD Afterschool Basketball	4 CPD Afterschool UPD Afterschool Strikes & Spares Cheerleading	5 CPD Afterschool UPD Afterschool	6 CPD Afterschool UPD Afterschool	7 Café Connections
8	9 CPD Afterschool UPD Afterschool	10 CPD Afterschool UPD Afterschool Basketball	11 CPD Afterschool UPD Afterschool Strikes & Spares Cheerleading	12 CPD Afterschool UPD Afterschool	13 CPD Afterschool UPD Afterschool	14 Café Connections
15	16 CPD Afterschool UPD Afterschool	17 CPD Afterschool UPD Afterschool Basketball	18 CPD Afterschool UPD Afterschool Strikes & Spares Cheerleading	19 CPD Afterschool UPD Afterschool Karaoke & Dancing	20 CPD Afterschool UPD Afterschool	21 Café Connections
22 Friendsgiving	23 CPD Afterschool UPD Afterschool	24 CPD Afterschool UPD Afterschool Basketball	25 Strikes & Spares Cheerleading	26	27	28
29	30 CPD Afterschool UPD Afterschool	CPD Afterschool UPD Afterschool Basketball	CPD Afterschool UPD Afterschool Strikes & Spares Cheerleading	CPD Afterschool UPD Afterschool	CPD Afterschool UPD Afterschool	

December 2026



Special
Recreation

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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Foundation



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VOLUNTEERS

THE HEART OF THE COMMUNITY

Volunteering with CU Special Recreation is an awesome way to make a **positive impact** in the community and have fun! You get to help individuals with disabilities engage in recreational activities and create **meaningful experiences**.

Just fill out the Volunteer Application to volunteer with CU Special Recreation and help be a part of **something special!**

champaignparks.org/volunteer

